

**Best of British Isles**

**Legendary History & Wild Nature**

**22 May - 03 Jun 2019**

**13 days**

**Embarkation: Plymouth (England)**

**Disembarkation: Edinburgh (Scotland)**

**M/v Sea Spirit**

**Activities:**



Itinerary

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| **Day 1: Embarkation in Plymouth, England**  Welcome to the port city of Plymouth in southwest England, where a rich maritime heritage sets the mood for the beginning of our exciting voyage. In the afternoon we welcome you aboard the luxury expedition ship M/V Sea Spirit. Explore the ship and get settled in your comfortable and spacious suite. Then join us on deck and feel the sense of adventure build as we slip our moorings and sail out of the historic harbor. |
| **Day 2: Tresco, Scilly Isles, England**  The Isles of Scilly is a group of small islands off the coast of Cornwall boasting mild weather, secluded beaches, enchanting wildlife and a relaxed lifestyle. On the lovely, sand-fringed island of Tresco, Bronze Age burial sites and romantic 17th-century castle ruins reveal a long and dramatic history. On the hallowed grounds of a Benedictine abbey we discover the exquisite Tresco Abbey Garden with its spectacular collection of more than 20,000 exotic plants from all corners of the world. Here we also find the Valhalla Museum, a collection of colorful figureheads salvaged from the islands’ shipwrecks. Delightful cafés and local shops enrich your experience even further. |
| **Day 3-4: Republic of Ireland**  With good weather and the permission of authorities, we plan to visit the Skellig Islands. These remote, uninhabited rocky islets off the southwestern coast of Ireland are a favorite breeding site for seabirds, including thousands of Atlantic puffins and a large colony of northern gannets. Other bird species breeding here include the European storm petrel, northern fulmar, Manx shearwater, black-legged kittiwake, common guillemot, and razorbill. The rich waters around the islands are home to whales, dolphins and seals. The island of Skellig Michael is also known for its well-preserved early Christian monastery, a UNESCO World Heritage Site.  Dunmore East is a popular tourist and fishing village in County Waterford on Ireland’s southeastern coast. From here it is a short journey through scenic countryside to the House of Waterford Crystal. Here you can take a guided tour of the factory to see the master craftsmen at work as well as the world’s largest collection of their wares. Also nearby is Mount Congreve, a magnificent 18th-century Georgian estate and botanical gardens containing thousands of plant species on 70 acres of intensively planted woodland and a four-acre walled garden. |
| **Day 5: Llandudno, Wales**  Our port for today is the vibrant seaside town of Llandudno in the north of Wales. From here we embark on a scenic overland tour of Snowdonia National Park. We drive through some of the wildest and most dramatic landscapes in Britain as we discover craggy mountains, stunning waterfalls, crystal clear lakes, dense woodlands and flowering meadows. Snowdonia is also renowned for wildlife including otters, water voles, wild ponies and rare birds such as dotterel and peregrine falcon. We enjoy a delightful stop at the charming and distinctively Welsh town of Betws-y-Coed in the Gwydyr Forest.  Also on the itinerary for today is the magnificent Conwy Castle. Step inside this impressively preserved 13th-century fortress for a genuine look at castle-life in medieval Britain. Pass through the fortified gateways, climb the huge towers, and walk along the battlements for breathtaking views of the estuary and town below. The castle and the walls surrounding the town of Conwy are a UNESCO World Heritage Site. |
| **Day 6: Northern Ireland**  Today we disembark at the small seaside resort town of Portrush in Northern Ireland. We travel overland to the world-famous Giant’s Causeway. Here we discover a geological masterpiece—40,000 closely packed hexagonal basalt columns of varying heights descending like a staircase into the sea. According to legend, the columns are the remains of a causeway built by a giant. In this area we are also able to spot various seabirds such as fulmar, petrel, cormorant, shag, redshank, guillemot and razorbill.  We plan to land on Rathlin Island off the coast of Northern Ireland. This small island of outstanding natural beauty is home to about 150 people and hosts tens of thousands of nesting seabirds—one of the largest seabird colonies in Europe. At the West Light Seabird Centre—housed in a fully operational lighthouse built atop an impressive sea cliff—you can enjoy great viewing of countless puffins, guillemots, kittiwakes, razorbills and fulmars. The island also boasts a resident seal population and enough history to fill its charming museum to the rafters. |
| **Day 7: Inner Hebrides, Scotland**  Weather permitting, we also plan to visit the uninhabited island of Staffa. This island of volcanic origin is easily recognized by its striking colonnade of hexagonal basalt pillars. Here we hope to explore the island’s most famous feature, Fingal’s Cave. Reaching deep into the island, the undulating sea plays upon the stunning matrix of columnar basalt to create an eerie melody which was the inspiration for Felix Mendelssohn’s Hebrides Overture. The rugged island also provides nesting sites for seabirds including guillemots, razorbills and puffins.  Today we also explore beautiful and serene Iona, a small island in the Inner Hebrides just off the Isle of Mull in western Scotland. At the gorgeous Iona Abbey, founded in 563 AD, we are spellbound by one of Scotland’s most historic and sacred sites and indeed one of the oldest Christian religious centers in Western Europe. The adjacent graveyard is said to be the final resting place of numerous medieval kings, including Macbeth. In addition to its historical and religious significance, Iona is well known for its soul-soothing tranquility, white sand beaches and excellent birdwatching. |
| **Day 8: Outer Hebrides, Scotland**  The Outer Hebrides, also known as the Western Isles, are a chain of dramatically rugged islands off the west coast of mainland Scotland. The most isolated of these is St Kilda. This remote and storm-ravaged island was continuously inhabited for at least two millennia by peoples of extraordinary hardiness. But as the modern world closed in after World War I, the remaining inhabitants chose to evacuate. Now we find only their rough stone buildings and distinctive storehouses called cleitean, all set amidst some of the most dramatic island scenery in the British Isles. Nature-lovers will be delighted, as the island is home to hundreds of thousands of seabirds, two early types of sheep, and over 130 species of flowering plants.  Later, as we sail through the remote and uninhabited Flannan Islands, we keep a lookout for seabirds including Leach’s petrel near their colony on the slopes of Eilean Mòr. Commonly seen in the surrounding waters are minke and pilot whales, as well as several species of dolphin. |
| **Day 9: Kirkwall, Orkney Islands**  Upon arrival at the historic port of Kirkwall we embark on an overland tour of Mainland, the largest of the Orkney Islands off the northeastern coast of Scotland. Attractions such as the well-preserved 5000-year-old village site at Skara Brae and the ancient Ring of Brodgar within the UNESCO World Heritage Site “Heart of Neolithic Orkney” showcase the world-class cultural heritage of the island. Back in the charming village of Kirkwall we also find the impressive Saint Magnus Cathedral, built in the Romanesque style by Vikings in the 12th century.  Leave Orkney’s biggest island and follow the coast of Scapa Flow to the smaller South Isles. Drive over the first of the Churchill Barriers, built during the Second World War to protect Scapa Flow. You will visit the beautiful, hand-painted Italian Chapel, built by Italian prisoners of war who were interned on this small island during World War Two, the chapel stands as a lasting memorial to peace but also to the ingenuity and skill of the prisoners.  We continue our journey to Highland Park Distillery. Following a short film about Orkney, Highland Park and our Viking roots, we’ll enjoy a tour of a working distillery before sampling three selected whiskies from the Highland Park range including 12-Year-Old, 18-Year-Old plus a mystery special edition. |
| **Day 10-11: Shetland Islands**  The Shetlands are a group of subarctic islands located about 110 miles north of mainland Scotland. One of the jewels of the archipelago is the Isle of Noss, a National Nature Reserve and Special Protection Area. Here we enjoy a splendid ship cruise along the coastline where towering sandstone cliffs have been weathered into horizontal ledges, making perfect nesting sites for thousands of seabirds including gannets, puffins, guillemots, shags, black-legged kittiwakes, razorbills and fulmars. This is also a great place to spot seals and otters in the water.  On the uninhabited island of Mousa we find the famous Broch of Mousa, the finest preserved Iron Age fortification in the British Isles. At over 40 feet tall, this 2,000-year-old round tower is the tallest broch still standing and is among the best-preserved prehistoric buildings in Europe. The island itself supports a rich diversity of plant life and is also known for grey and common seals, Arctic terns, and a significant colony of storm-petrels.  We come alongside at the port of Lerwick on Mainland, the largest of the Shetland Islands. On a walking tour of this historic town we visit the award-winning Shetland Museum to learn all about Shetland’s fascinating heritage and culture. From here we take a scenic overland coach ride through the fertile countryside of Dunrossness to discover Shetland’s best destinations. Birders will relish the opportunity to visit the historic lighthouse at Sumburgh Head, the southernmost point of Mainland Shetland. These rugged cliffs attract thousands of seabirds and the grassy slopes above are particularly great for enjoying close encounters with puffins amongst beautiful wildflowers. Also on the itinerary is Jarlshof, one of the most remarkable archaeological sites in the British Isles. Here we discover beautifully preserved stone structures spanning 5,000 years of human settlement, including Bronze Age oval houses, Pictish wheelhouses, an Iron Age broch, a Viking longhouse and a mediaeval farmhouse.  On Fair Isle—an isolated island of rolling moorlands and rugged coastlines—one is easily enchanted by historic crofts, picturesque lighthouses, and friendly locals. Here we find the internationally renowned Fair Isle Bird Observatory. The island is famous among birders for its abundance of British birds and for its numerous records of eastern rarities and migrants. Fair Isle is also one of Europe’s best places to watch seabirds, especially puffins, at close range. Additionally, the island is notable for the abundance and diversity of its wildflowers. Seals are also commonly seen in its bays. Finally, during our visit it will be possible to see and purchase articles hand-knitted in the intricate and distinctive style for which Fair Isle has been celebrated for hundreds of years. |
| **Day 12: Bass Rock, Scotland**  Bass Rock is an uninhabited island in the outer part of the Firth of Forth in the east of Scotland. This bastion of volcanic rock, also known as “the Bass”, plays host to over 150,000 northern gannets in the breeding season, making it the world’s largest colony of these magnificent birds. The island’s steep walls are white with guano and the sky all around is darkened by the vast multitude of seabirds in flight. Our voyage is perfectly timed to coincide with this amazing spectacle—truly one of the wildlife wonders of the world. |
| **Day 13: Disembarkation in Leith (Edinburgh), Scotland**  After breakfast on board Sea Spirit we say farewell in Leith, Edinburgh’s vibrant port district. We provide transfers to the airport or to Edinburgh city center if you wish to spend more time in the wonderful capital of Scotland. |

Expedition leader

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| **DR. HUW LEWIS-JONES**  Huw is a historian of exploration, culture, photography and the environment, with a PhD from the University of Cambridge. He is the author of award-winning books but is happiest when out in wild nature. Huw was Curator at the Scott Polar Research Institute and the National Maritime Museum in London. His books include In Search of the South Pole, The Crossing of Antarctica, Ocean Portraits, The Conquest of Everest, winner of the History Award at the Banff Mountain Festival, Across the Arctic Ocean, and Explorers’ Sketchbooks, an art history of discovery and adventure. His books now have been published in 14 languages.  As an experienced polar guide, over the last decade Huw has wandered on both sides of Antarctica and in the Arctic, from the Ross Sea and the Southern Ocean, to Siberia, Greenland and the North Pole. His research interests are equally wide-ranging, from Admiral Nelson and Captain Cook, through whaling and Heroic Age expeditions, to pioneering photography and even Inuit Art. Back in Britain, Huw regularly appears on television and radio as a historian and cultural commentator, in the BBC documentaries Wilderness Explored, Of Ice and Men, Antarctica’s Forgotten Hero, Battle for the Himalayas, and most recently the PBS Nova special Franklin’s Lost Ships. |

M/v Sea Spirit



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| **Triple Suite**  Averaging 21 square metres/226 square feet, these staterooms have two twins and a comfortable sofa bed. The twins also convert to a King, if desired. Located on Oceanus Deck, these suites have a picture window, two wardrobes and en suite facilities. Amenities include: in-room safe, refrigerator, satellite telephone access, TV/DVD, individual temperature control, and hair dryer. | **Main Deck Suite**  Averaging 23 square metres/248 square feet, Main Deck cabins are equipped with either two twins or a King Size bed. They are located on the Main Deck with a minimum of two portholes for exterior views. Amenities include: en suite facilities, in-room safe, refrigerator, satellite telephone access, TV/DVD individual temperature control and hair dryer. |
| **Single Suite**  Averaging 21 square meters/226 square feet, these cabins are located on the Oceanus Deck. They feature a picture window (it may be covered during rough sea crossings), two wardrobes, and a King Size bed. Amenities include: en suite facilities, in-room safe, refrigerator, satellite telephone access, TV/VCR, individual temperature control, and hair dryer. | **Classic Suite**  Averaging 21 square metres/226 square feet, these cabins are located on the Oceanus Deck. They feature a picture window, two wardrobes and a choice of either two twin beds or a King Size bed. Amenities include: en suite facilities, in-room safe, refrigerator, satellite telephone access, TV/DVD, individual temperature control and hair dryer. |
| **Superior Suite**  Superior Suites are located on the Club Deck. Averaging 20 square metres/ 215 square feet, these cabins feature two twin beds or a King Size bed. The picture window overlooks an outside walkway on the Club Deck. Amenities include: en suite facilities, walk-in closet or wardrobe, in-room safe, refrigerator, satellite telephone access, TV/DVD, individual temperature control, hair dryer. | **Deluxe Suite**  The Deluxe Suites with balconies are located on the Sports Deck. Averaging 24 square metres/ 258 square feet means plenty of room. Choose from either two twin beds or a King Size bed. A sliding glass door leads to a private balcony. These suites feature a walk-in closet or wardrobe. Amenities include en suite facilities, in-room safe, refrigerator, satellite telephone access, TV/DVD, individual temperature control, and a hair dryer. |
| **Premium Suite**  The Premium Suites are located on the Sun Deck. Averaging a generous 30 square metres/ 323 square feet, with two twin beds or a King Size bed. Access the private balcony by a sliding glass door. Amenities include: en suite facilities, lounge area, in-room safe, refrigerator, satellite telephone access, TV/DVD, individual temperature control, and hair dryer. | **Owners Suite**  Super-spacious (63 square metres/ 678 square feet) elegant suite on the Sun Deck. Designed for entertaining, the Owner's Suite has a separate living room with game and meeting area. A BOSE stereo system provides background music, or watch videos on the HD plasma TV. Sliding glass doors lead to a private deck. Refresh in the jetted bathtub in en suite facilities. Slumber in the King Size bed. A sofa bed can accommodate a third person. |

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|  | **Photography**  FREE OPTION  This voyage offers a wealth of subjects for photographers of all levels and interests. Our included photography program gives you the chance to learn and practice your skills alongside a professional photographer. Zoom out to capture dramatic landscapes of sweeping moorland and rugged coastlines or go macro to expose the beauty of flowers. You will get plenty of practice with the special art of architectural photography as well. From historical monuments to colorful puffins, the sights on this voyage will make a photographer out of anyone. Our expert will be there to help you make the most of the bounty in your viewfinder. |

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| **Rates Include**  Group transfer to the ship on day of embarkation;  Shipboard accommodation;  All meals on board throughout the voyage;  Tea and coffee station 24 hours daily;  All scheduled landings/excursions (subject to weather conditions);  Leadership throughout the voyage by our experienced Expedition Leader and Expedition Team;  Branded Poseidon Expeditions softshell;  Rubber boots for shore landings for the time of the cruise;  Welcome and Farewell cocktails;  All port fees;  Group transfer to airport or central location upon disembarkation;  Pre-departure materials;  Digital Voyage Log. | **Rates Do Not Include**  Airfare;  Visa and passport fees (if applicable);  Luggage and trip cancellation insurance;  Soft drinks and alcoholic beverages other than those for special events and celebrations;  Personal expenses such as laundry and telecommunication charges;  Staff gratuities;  Emergency medical evacuation insurance with minimum coverage of USD 150,000. |